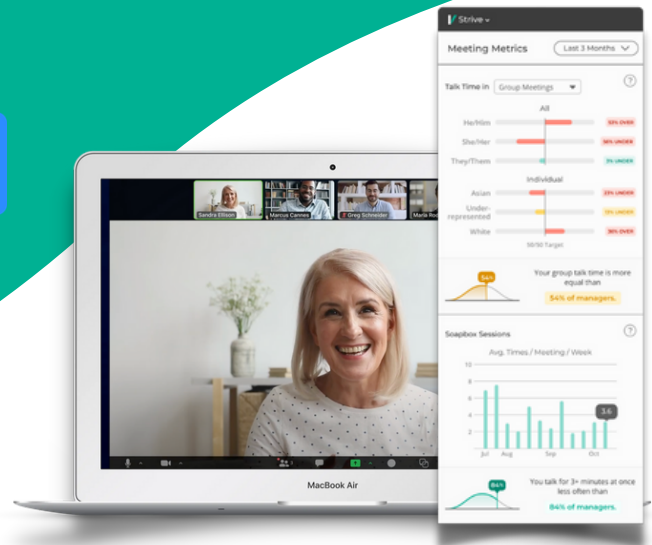


strive

Meeting Metrics

for 

Data-driven insights to help managers run more inclusive and productive meetings



Your managers spend a lot of time in meetings. Meeting Metrics helps make each one count.

In a recent survey, just 20% of professionals reported actively listening and participating in meetings—that's bad news considering companies spend 15% of their time in meetings ([Blind](#); [Bain & Company](#)). Without the visual cues of face-to-face meetings, managers may not realize when they're talking too much or neglecting to engage quieter team members. Meeting Metrics tracks talk time across meetings to show managers who's over- and underrepresented in meetings and how their own talk time compares. With these insights, managers can become more skillful at creating inclusive, engaging meetings where all voices are heard.



Better managers

Provides data-driven, actionable insights that support behavior change



Better meetings

Fosters a focus on effective, efficient meetings where everyone can contribute



Better morale

Promotes equity and inclusion for happier, higher performing teams

How the app works

- 1 Managers download Meeting Metrics on the Zoom App Marketplace.
- 2 Managers record their online meetings using Zoom.
- 3 Meeting Metrics analyzes recordings to extract insights.
- 4 Managers can review their meeting performance on the Strive app.

LEARN ABOUT THE 2-MONTH FREE TRIAL

www.strive.co/meeting-metrics-trial

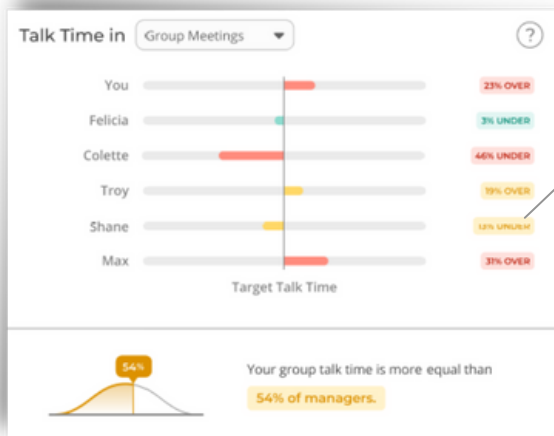
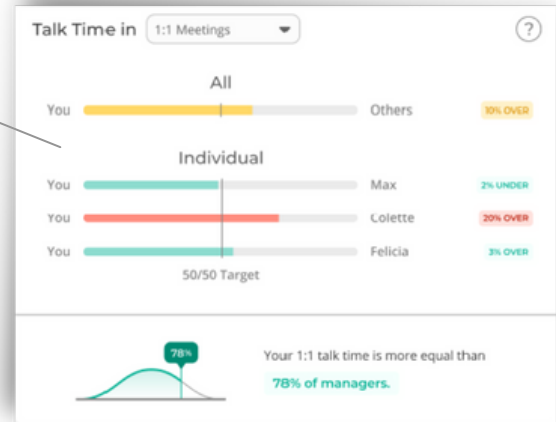
strive

A look inside Meeting Metrics



1:1 Meetings

Great managers are great listeners—especially in their 1:1s. Meeting Metrics tracks how much time managers spend talking instead of listening in their private conversations with reports.



Inclusive managers give everyone a chance to contribute. Metrics shows which team members are under- and overrepresented in group conversations, so managers can become more inclusive.

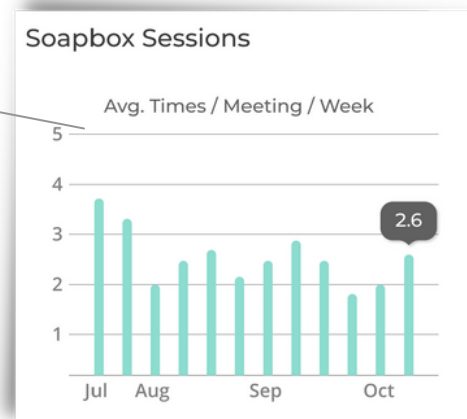


Group Meetings



Soapbox Sessions

Long monologues don't just take up too much time—they drain energy and attention from participants. Meeting Metrics shows managers how often they speak for more than 3 minutes without pausing to engage others.



LEARN ABOUT THE 2-MONTH FREE TRIAL

www.strive.co/meeting-metrics-trial

strive